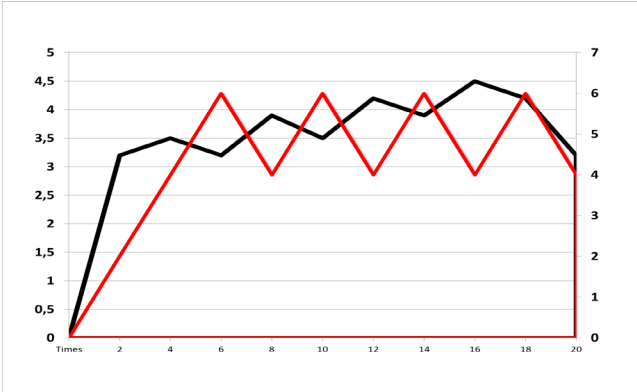
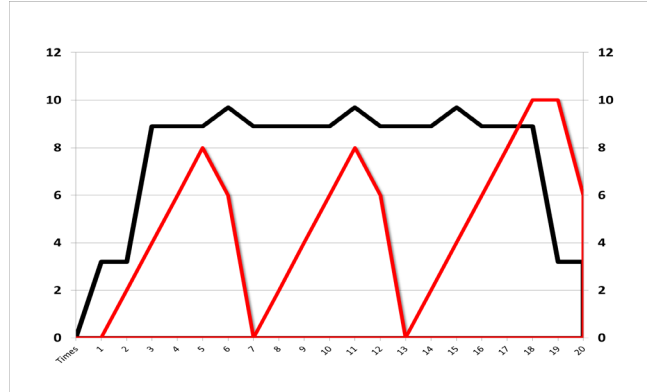




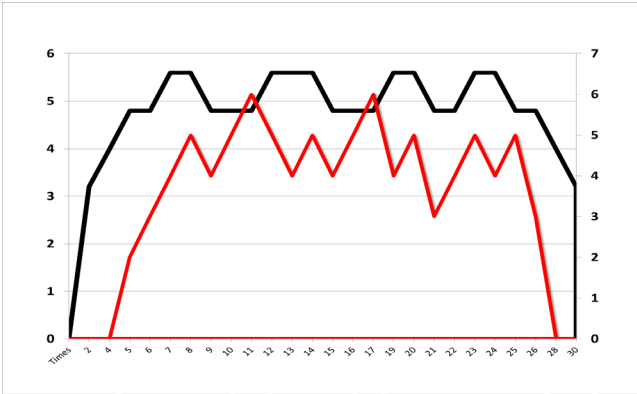
INCLINE 1 - 20 min



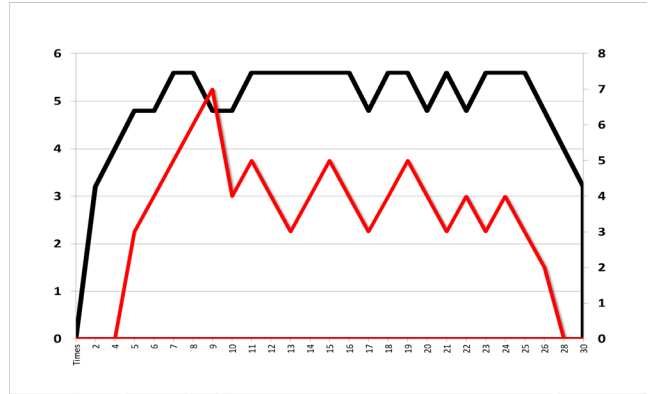
INCLINE 2 - 20 min



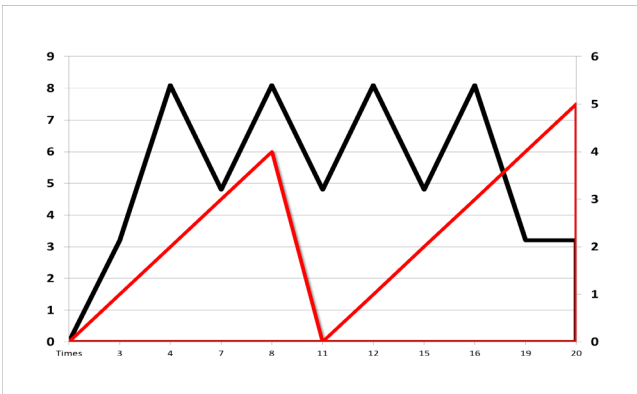
INCLINE 3 - 30 min



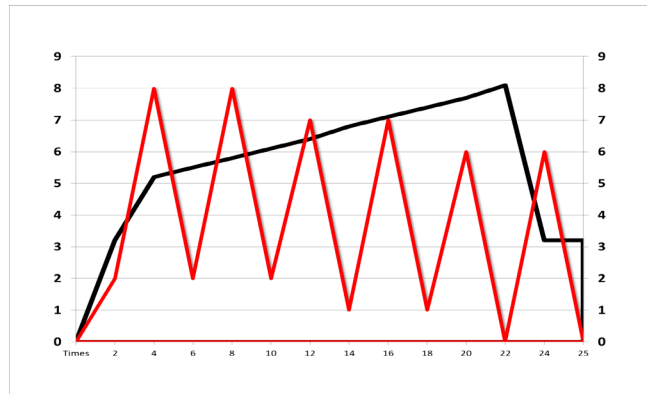
INCLINE 4 - 30 min



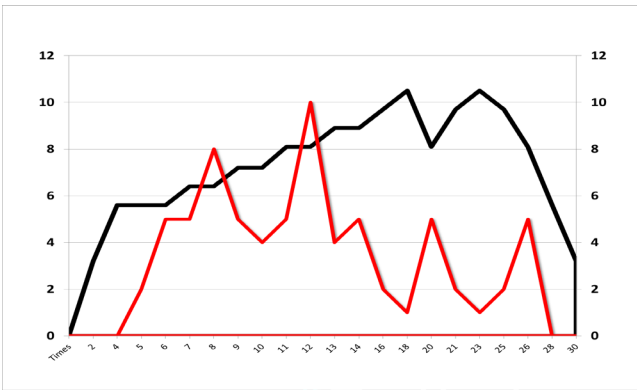
SPEED 1 - 20 min



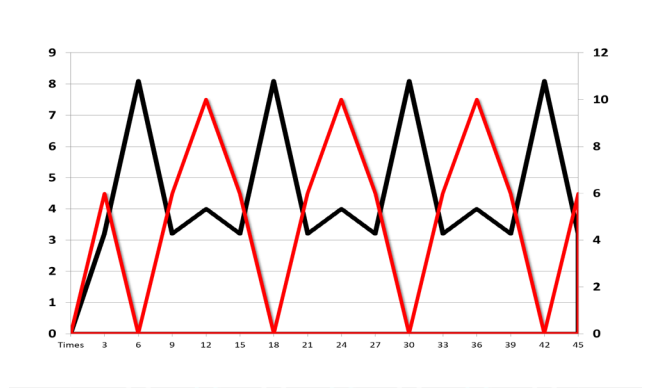
SPEED 2 - 25 min



SPEED 3 - 30 min

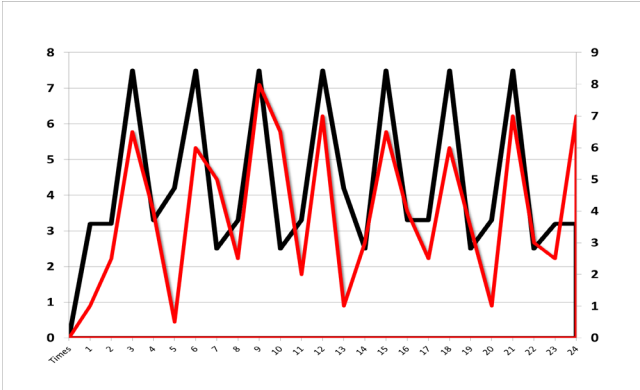


SPEED 4 - 45 min

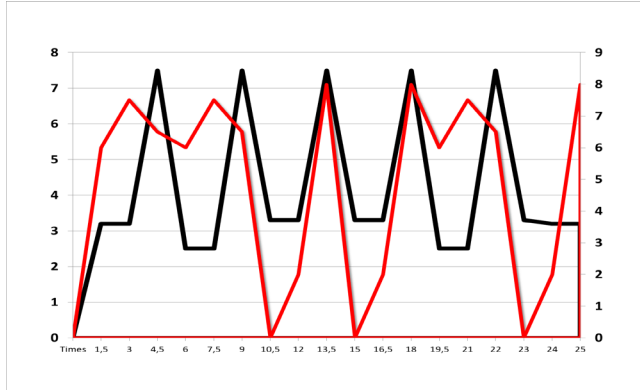




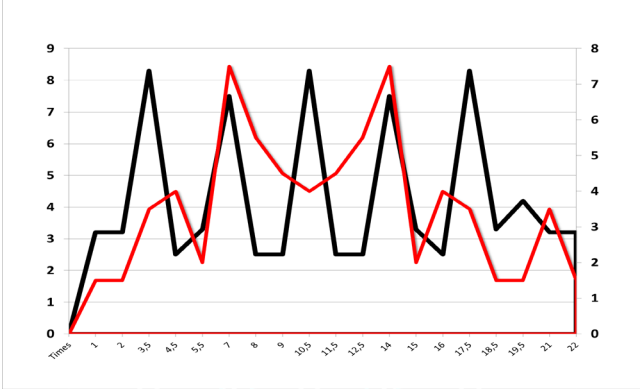
INTERVAL 1 - 24 min



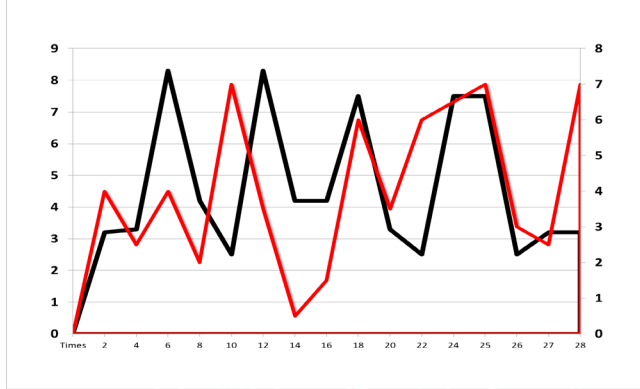
INTERVAL 2 - 25 min



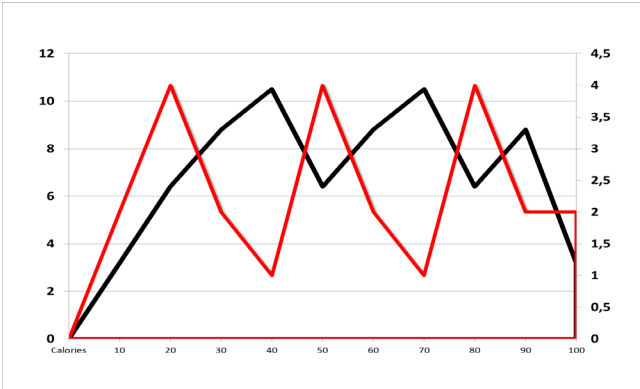
INTERVAL 3 - 22 min



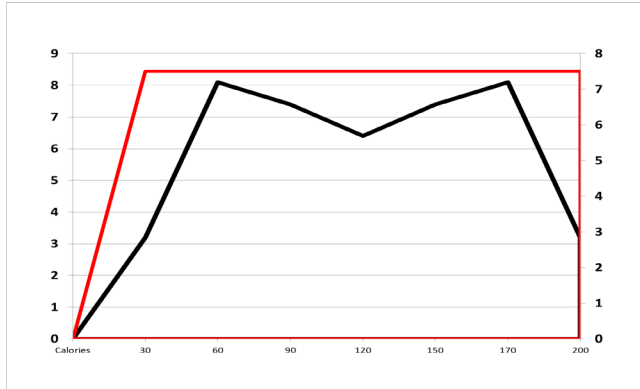
INTERVAL 4 - 28 min



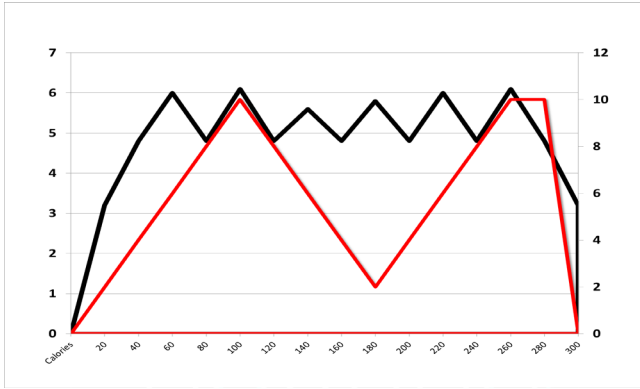
CALORIES 1 - 100



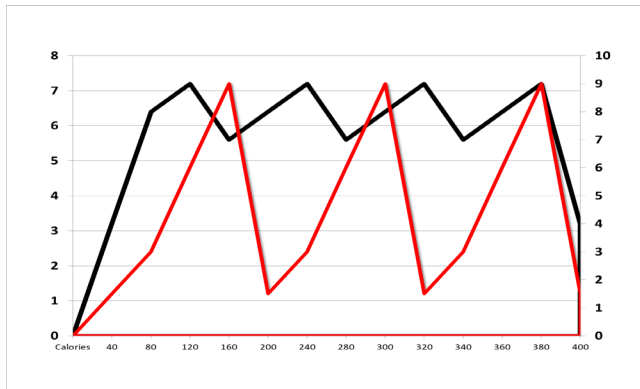
CALORIES 2 - 200



CALORIES 3 - 300

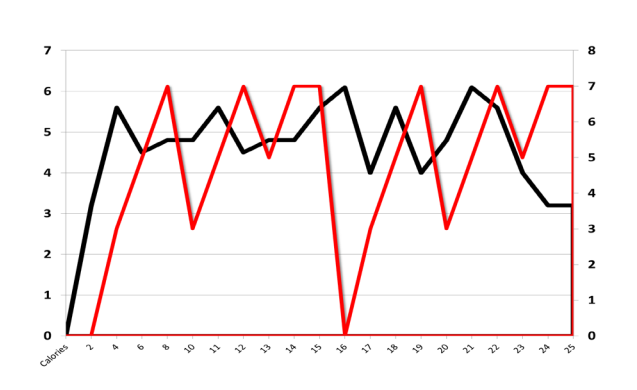


CALORIES 4 - 400

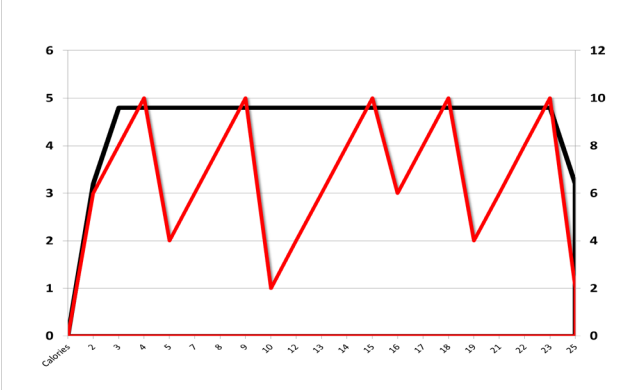




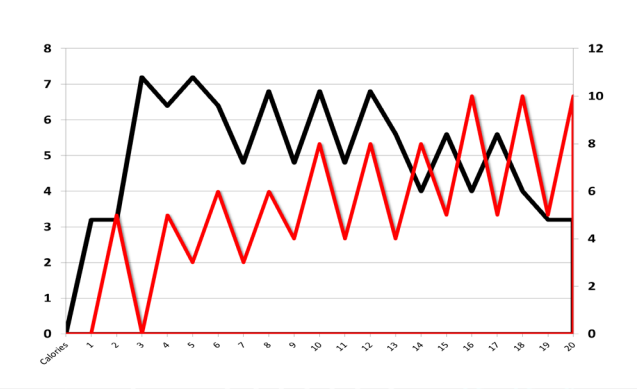
INTENSITY 1 - 25 min



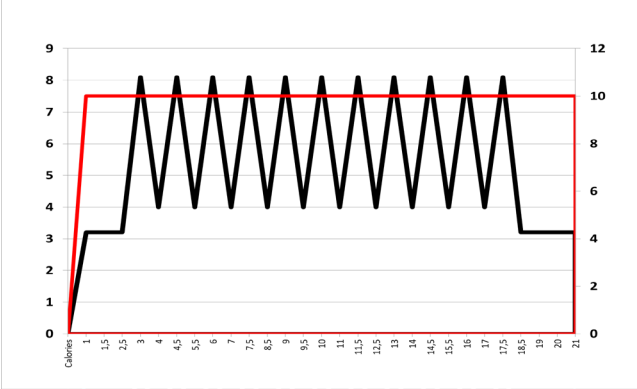
INTENSITY 2 - 25 min



INTENSITY 3 - 20 min



INTENSITY 4 - 21 min



Speed

Resistance