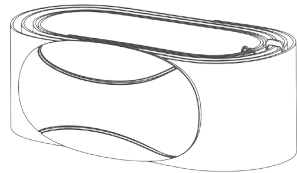


virtufit

BLUETOOTH HEART RATE MONITOR

VF04077



USER MANUAL

USER MANUAL

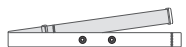
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Thank you for purchasing this heart rate sensor. This device supports both Bluetooth and ANT+ technology, allowing for real-time monitoring of your heart rate and wireless data transmission to your smartphone or sports watch.

NOTE!

This product is for sport purposes only and is not meant to replace any medical advice. Patients with cardiac pacing or other implantable devices should consult their doctors for recommendations before using this device.

DEVICE OVERVIEW



Chest Strap x1



Heart Rate Connector x1
(with CR2032 3V battery installed)

HOW TO USE & WEAR

To ensure accurate measurement, please follow these steps carefully.

NOTE!

The heart rate sensor features an automatic power-saving function. When the strap is not worn, it enters shutdown sleep mode to conserve battery and cannot be found by wireless devices. Once worn correctly, it will automatically wake up and start working.

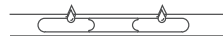
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STEP 1

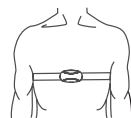
Moisten electrodes



Apply a few drops of water to the conductive pads (electrodes) on the rear of the strap to ensure solid contact.

STEP 3

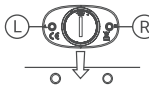
Wear and adjust



Fasten the elastic strap around your chest, positioning it directly below your pectoral muscles. Adjust the strap until it fits snugly but comfortably.

STEP 2

Attach heart rate connector



Snap the monitor onto the strap. Ensure the side marked 'L' is on your left side. Incorrect orientation may result in inaccurate heart rate data.

STEP 4

Check contact

Ensure that the moistened electrode areas are pressed firmly against your skin.

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TROUBLESHOOTING

If the battery has been used for a long time and the heart rate data is obviously incorrect, please replace the battery with a new one.

HOW TO CONNECT WITH APP

Activate & wear

Moisten the electrode areas and fasten the strap around your chest. The sensor will automatically wake up from sleep mode and start transmitting once worn correctly.

Enable Bluetooth

Turn on Bluetooth in your smartphone settings.

Note: Do not pair the sensor in your phone's general Bluetooth menu.

Connect in app

Open your preferred fitness app and pair the device directly within the app's settings menu.

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MAINTENANCE

This device is a product that should be handled with care. Follow these instructions to ensure reliable measurement and maximize the lifespan of the heart rate sensor.

WARNING!

- While washing the straps, ensure the water temperature is no higher than 30°C.
- Before hand washing the strap, always detach the heart rate monitor. The monitor contains electronics and is not washable.
- Cleaning the monitor or strap in a washing machine or dryer is strictly prohibited.
- Do not iron, bleach, or expose the strap to extreme heat.
- Do not stretch the strap or bend the electrode areas sharply.
- Do not store the sensor wet in non-breathing material to prevent oxidation.

BATTERIES

The device uses a CR2032 3V battery which is pre-installed in the heart rate connector. The estimated battery life is approximately 650 hours.

Battery replacement

- Using a coin, twist the battery cover counter-clockwise until it clicks out of place.
- Remove the old battery and insert the new battery with the positive (+) side facing upwards.
- Replace the battery cover by twisting it clockwise until it is firmly in place.

WARNING!

- Batteries and small articles must be kept away from children.
- Dispose of used batteries properly at communal collection centers; do not dispose of them in fire.

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TECHNICAL SPECIFICATIONS

Weight	14.2 g	Battery life	1200 hours
Heart rate range	30~240 BPM	Water resistance	IP67
Wireless transmission	Bluetooth & ANT+	Size	60 x 34 x 12 mm
Transmission distance	Bluetooth 10 m ANT+ 6 m	Strap adjustable	L: 65~95 cm

DECLARATION OF THE MANUFACTURER

VirtuFit hereby declares that this product complies with the following standards and directives:

- EMC directive (2014/30/EU)
- Radio Equipment Directive (2014/53/EU)
- RoHS directive (2011/65/EU and 2015/863)

As a result of compliance with the above standards and directives, this product is CE certified.

WARRANTY

Warranty claims are excluded if the cause of the defect is the result of:

- Improper use, negligence and/or poor maintenance.
- Failure to maintain the appliance in accordance with the manufacturer's instructions.

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VIRTUFIT SERVICE

VIRTUFIT
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Do you have a problem with your VirtuFit fitness equipment and would you like to submit a service request? Then scan the QR code on the right and fill in our service form.



ASSEMBLY
VIDEO



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